## St. Matt's Midweek Update – 19th September 2025

How has your week been?



Mine's been busy, so just a short reflection today!

This week I read a passage in Mark 1, where, amongst all his ministry, Jesus made sure he went off on his own to pray to God the Father.

All through the gospels, we see Jesus praying, either on his own, or for individuals or groups of people.

As we think about prayer this term, it's just good to remind ourselves that even Jesus needed to pray. He needed to make time for his relationship with his Father, and he didn't want to be doing anything without that. He knew that he had to stay connected to God and draw power from God to be able to do his ministry.

And it's the same for us. We need God's power in us. We need to abide in Him in order to be able to do His ministry. We need to invest in the relationship with God that prayer flows out of.

Jesus is our perfect example - and he shows us how to pray.

### **Notices**



**This Sunday** (21st September) we just have our 10am service and we will be sharing communion together. Retired vicar Sheila Perkins will be speaking to us from Matthew 6:5-8. There will be groups for our children and young people.

**Next Sunday** (28th September) we also just have our 10am service. I will be speaking on the first line of the Lord's Prayer, and we will have groups for our children and young people.

# Then the Sunday after that is our harvest service! Sunday 5th October.

This will be a family service and we are welcoming someone from Tearfund to share about their work during our service. Any money collected during the service will go to Tearfund, and we will also be collecting food items for our community larder.

link https://stmatts.churchsuite.com/events/cxfk2tlx

The larder currently needs:

Pasta

Cereal

Teabags

Tins - sweetcorn, baked beans, kidney beans, chickpeas, fruit, tuna etc

We are also having a **bring and share lunch** after the harvest service. You can sign up for the lunch either on the sheet at the back of church or using this



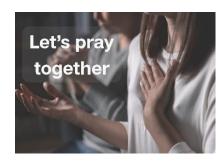
As we start this new term and now have all the rotas up and running, there are a couple of **teams** we have space on:



**Coffee team for Sunday mornings** - we could do with two new people to do one Sunday a month, making and serving drinks before and after the service.

**Deeper** - this is our group for children in school years 3-6. We are running by me helping several times a month, so if we could grow the team I could step back from this a bit! It runs from 3.30pm - 5pm every Monday in term time.

Please do let me know if you would like to join either of these teams.



We want to keep praying together as a church as we head into this term focusing on prayer in our services, and with one week left of having our advert out for a new vicar, so these are the dates of our prayer meetings coming up:

Thursday 16th October 8pm - 9pm in the church centre Sunday 16th November 8.30am - 9.30am in the church centre with simple breakfast

Please do come and join in our corporate prayer if you can.

### Worship 24/7 Network Event

The first Worship 24/7 Network event in Tunbridge Wells is launching this month.

Come and join with others from different denominations across the town to worship our Lord Jesus together.

Saturday 20th September from 1-5pm at Church of Christ, on Commercial road, (off Camden road) in Tunbridge Wells, TN1 2RR.

All ages are welcome! Come as you are anytime between 1-5pm on the 20th September, and together let's sing praises to our Lord!

#### Saying Goodbye Service for baby loss

On the 4th October at 11am in Canterbury Cathedral, Saying Goodbye (part of Mariposa International) will be hosting one of their Saying Goodbye Services - a baby loss remembrance and support service.

This service is for anyone who has either personally lost a baby at any stage of pregnancy, at birth, or in early years, or who has been affected by family members' or friends' loss. Whether the loss was recent or 80 years ago, everyone is welcome to attend. They also welcome anyone who is grieving the fact that they haven't had children.

Babies and children are also invited to come with their families, as the Saying Goodbye service is truly a family event for all.





If you need any help or support, please do get in touch. We hope to see you on Sunday!