# St. Matt's Midweek Update – 30th September 2022



How has your week been?

I have been struggling to know what to write this week - it's been very busy and tiring. But the one thing that has encouraged me and helped me has been conversations with people.

Talking is so good for us! Whether we are going through tough times or whether we want to share the good things that are happening, it is so helpful and encouraging to share things with other people.

Mostly we chat to our friends and family, but sometimes even a random conversation with a stranger in a shop or on the street can brighten our day.

We need those connections, so I really just want to encourage you this week to keep talking to people. Share your struggles, share your testimonies, share your happy moments, and reach out to those who might not have people to talk to.

"Therefore encourage one another and build each other up, just as in fact you are doing." 1 Thessalonians 5:11

## **Notices**



### Harvest Sunday and lunch

This Sunday morning is our harvest family service, and we have a bring and share lunch afterwards.

We are collecting food donations for Nourish Foodbank, and money offerings will go to Tearfund. Nourish's most wanted items is over the page.

You don't have to be signed up to come to the bring and share lunch, but it does help us to make sure we have enough food and tables out. You can sign up

here <u>https://stmatts.churchsuite.com/events/uaykuca8</u> We'd love you to come if you can make it!

We also have our **8am communion service** in church this Sunday. It is a much smaller, quieter service, which everyone is welcome to.



#### Hubs this week

**Knitting Hub** is on tomorrow morning from 10am - 11.30am in the church centre. **Sewing Bee Hub** is on Friday 7th October at 7.30pm at Ruth's house.

**The service of thanksgiving for William Harper** is this Tuesday at 2pm in church. Dee has asked people to wear 'happy colourful' clothes, as the service is a celebration of William's life. Dee would also like to invite you to join the family for light refreshments following the service at Crowborough Rugby Football Club from 4-6pm.

The address is Green Lane, Steel Cross, Crowborough, East Sussex, TN6 2XB. Parking is available within the club grounds.

Hospice in the Weald Charity was close to William's heart and, if you wish to make a donation in memory of William, then you can do so by clicking on the link below <a href="https://www.justgiving.com/fundraising/williamharper1">https://www.justgiving.com/fundraising/williamharper1</a>



#### Thank-you!

Rosemary would like to say thank you to everyone who helped and contributed to the Macmillan coffee morning on Tuesday, and to all of you who came along and helped raise money. The total raised is £878, which will go to help support those with cancer and their families.

CHILLI SAUCE/SWEET & SOUR SAUCE

SPREADS - JAM, PEANUT BUTTER, MARMITE

Have a good weekend, and we hope to see you on Sunday.



Donations are the lowest they have ever been - we are running out of lots of our staple items, can you help?

BAKED BEANS

TINNED PULSES

PASTA

BISCUITS

SQUASH CEREAL TINNED FRUIT RICE PUDDING

SOUP DOG FOOD



www.nourishcommunityfoodbank.org.uk fBin Telephone: 01892 548892



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