

St. Matt's Midweek Update – 28th October 2021



How has your week been so far?

It's easy to just keep going, and not really reflect on how we really are or how things have been, isn't it? If you listened to Antonia's talk from last Sunday, she gave some really helpful tips about reflecting on your day, being kind to yourself, giving yourself the right positive messages to stay well mentally.

I'm rubbish at reflecting and I found Antonia's talk really helpful. I also feel like God is teaching me more about myself at the moment and helping me learn why I react the way I do. It can be painful to reflect and be honest with ourselves, but it is a healthy way to live in the long run.

Psalms 139 is all about God knowing every part of us. Verses 23 and 24 say this...
"Search me, God, and know my heart; test me and know my anxious thoughts.
See if there is any offensive way in me, and lead me in the way everlasting."

I think this needs to be a joint exercise with God - search me God and show me what I need to change, or what you want to change in me. And let's walk with each other on our journeys and help each other to grow in ourselves and in God.

Notices



This Sunday is the first Sunday of November, so we have our 8am communion service in church, and then our 10am family service both in church and online (www.youtube.com/c/stmatts)

The community larder Christmas Fayre is coming soon on Saturday 13th November, 10am - 12pm at the Bethel Hall.



Please do come along and support this fundraising event. If you have any bottles for the tombola, Christmas items or as new children's clothes you could donate, or if you can bake any cakes for the Fayre, please let Liz or Jan know.

The quiz night is only two weeks away, so please sign up this weekend if you know you are coming. You can find all the details and buy your ticket here <https://stmatts.churchsuite.co.uk/events/pursbfsi>



Which means the **Revive wreath making evening** is only 3 weeks away! We don't want anyone to miss out on a space to make a wreath, so please book your ticket soon to avoid disappointment! You can find all the details and buy your ticket here <https://stmatts.churchsuite.co.uk/events/cj5npfst>



Last call for **October birthday photos**... I need them by tomorrow morning if you would like to be in the slide show this Sunday. Thanks!



The next **worship and prayer evening** is next Friday 12th November, 8pm - 9pm at the Powney's house. This is a chance to spend an hour seeking God and worshipping together. Please let me know if you need more details.



Sewing Bee Hub is on tomorrow evening, 7.30pm at Ruth's house.

Knitting Hub is meeting on Monday 8th November, 7.30pm in the church centre.

Let me know if you need any more details or would like to join one of these hubs.

There's a lot going on at the moment! We'd love to see you at some of these events if you can make it. Please be assured that we will be doing all we can to keep these events Covid safe. Please help us by signing up to things as soon as you know you can come, as it really helps us to plan.

Have a good weekend!